



Erasmus+



Youth Exchange

**IMPROVISE
ADAPT
OVERCOME**

GIMLE 2021



Using eduLARP
for developing
personal resilience

18 - 27.07.2021
Sweden



**Hästekasen
Gård
Förening**

GIMLE 2021 - IMPROVISE ADAPT OVERCOME

Using eduLARP for developing personal resilience

Youth Exchange

WHEN? 18.07 - 27.07.2021

WHERE? Hästekasen Gård Förening. Hästekasvägen 9.
451 96 Uddevalla. West coast of Sweden, 90 km north of Sweden's second-biggest city Gothenburg.

WHO?

36 participants from:

- Germany - Jongilirium e.V. Association
- Greece - Larpifiers Association
- Slovenia - Alpaca Informal Youth Group
- Sweden - Hastekasen Farm Association
- Poland - Educational Foundation Nausika
- Poland - Fundacja Instytut Polska-Ukraina

WHY?

- developing personal resilience
- learning stress management
- boosting creativity in overcoming challenges
- developing leadership skills and methods of community building
- encouraging self-sustainability by introducing into simple living and understanding nature
- rising self-awareness

HOW?

With eduLARP method!

LARP - a type of improvised role-playing game in which participants physically act out scenarios, typically using costumes and props.

Edu aspect means that it is designed to achieve selected learning goals.

**Adventure-based
Education**

**5 participants
(18-30 years old)
and
1 leader (18+, without
age limitation)
per organisation**

**LARP
Live Action
Role Playing**



LARP AND EVENT DESCRIPTION

LARP: The term Live Action Role Playing can be roughly explained as living a different life for some time - it is an improvisation of a fantasy character that you create in a certain world. In our Larp, for a few days, we all become portrayers and audience simultaneously, immersing ourselves into the setting and game creating unscripted stories with our actions. InTime (IT = playing/being your character) can last from a few hours to multiple days and can have OutTime periods (OT = when you are not playing your character).

EVENT DESCRIPTION: It is an 8-day intercultural gathering in the remote nature of the ecological farm Hastekasen Gard. The official language and therefore a condition is knowledge of English. Exchange promotes inclusion and cultural exchange. It will consist of 3 days of various workshops and preparations for topics of expression, play, crafting, dance and mythology. In the meantime, you will create your own character that will belong to one of the several races or factions in the original world inspired by Lord of the Rings fantasy. LARP will last for 3 full days, followed by 2 days for reflection & socializing.

IMMERSION: we consider it an educational tool, the creation and exploration of imaginative roles through play can be helpful in many areas - personal growth, soft skills, expression, etc. The fact that the EU's exchange has been approved for the 6 years in a row can give a lot to the effect and strength of the experience of the participants of the past years. Come to have fun and meet new friends, to learn about yourself, the world, the alternative style of life on an eco-farm ... You will surely leave more experienced and with more understanding than you arrived with.



THE WORLD OF GIMLE

The original world in which the game is held is based on the races from the fantasy world of Lord of the Rings with a bit of Game of Thrones vibe. It is inspired by various mythologies and Vikings (Sweden is a Viking land after all) and has many religions of its own. Based on the stories and outcomes players and organisers created in the previous years the following groups have appeared: dark & wood elves, orcs, various magical creatures, druids at Nanna's Academy, wild youngsters called Wolfs, several Viking groups, villagers of Gimleby, Saxons, delegates of the exotic Golden Empire and the noble houses of Kingdom of Westmark: reigning House of Griffin (red), which took over the crown from the now nearly extinct House of Stonecrown (blue), religious House of Oakenhelm (white) and severely punished House of Lilja (white-green) whose self-proclaimed independence was crushed two years ago.

SETTING: All this colorful company gathers once a year in a small area known as Gimle to perform a full moon ritual, the strongest and the most important ritual of the year performed in the land holding the greatest magical power in the area. Due to all of the different races, ambitions and beliefs being put together, it is a very uncertain and dynamic experience. Nobodies can rise to power as kings fall, futures of nations and alliances are decided, marriages and murders happen. Events that echo throughout all the kingdoms and lands in the following year. It is the time and place where things of historical importance happen between those who act on their ideas. Costumes and weapons will be provided by the organizers.

Video for 2020: <https://www.youtube.com/watch?v=ZGIMkeZ3XLA> and a walk around during one of the previous larps: <https://www.youtube.com/watch?v=1gF-KJjGDRM>



GIMLE 2021 - YOUTH EXCHANGE SCHEDULE

18-27.07.2021, SWEDEN

18.07
Arrival

19.07
Team Building
Activities

21.07
Workshops

20.07
Workshops

22.07
LARP

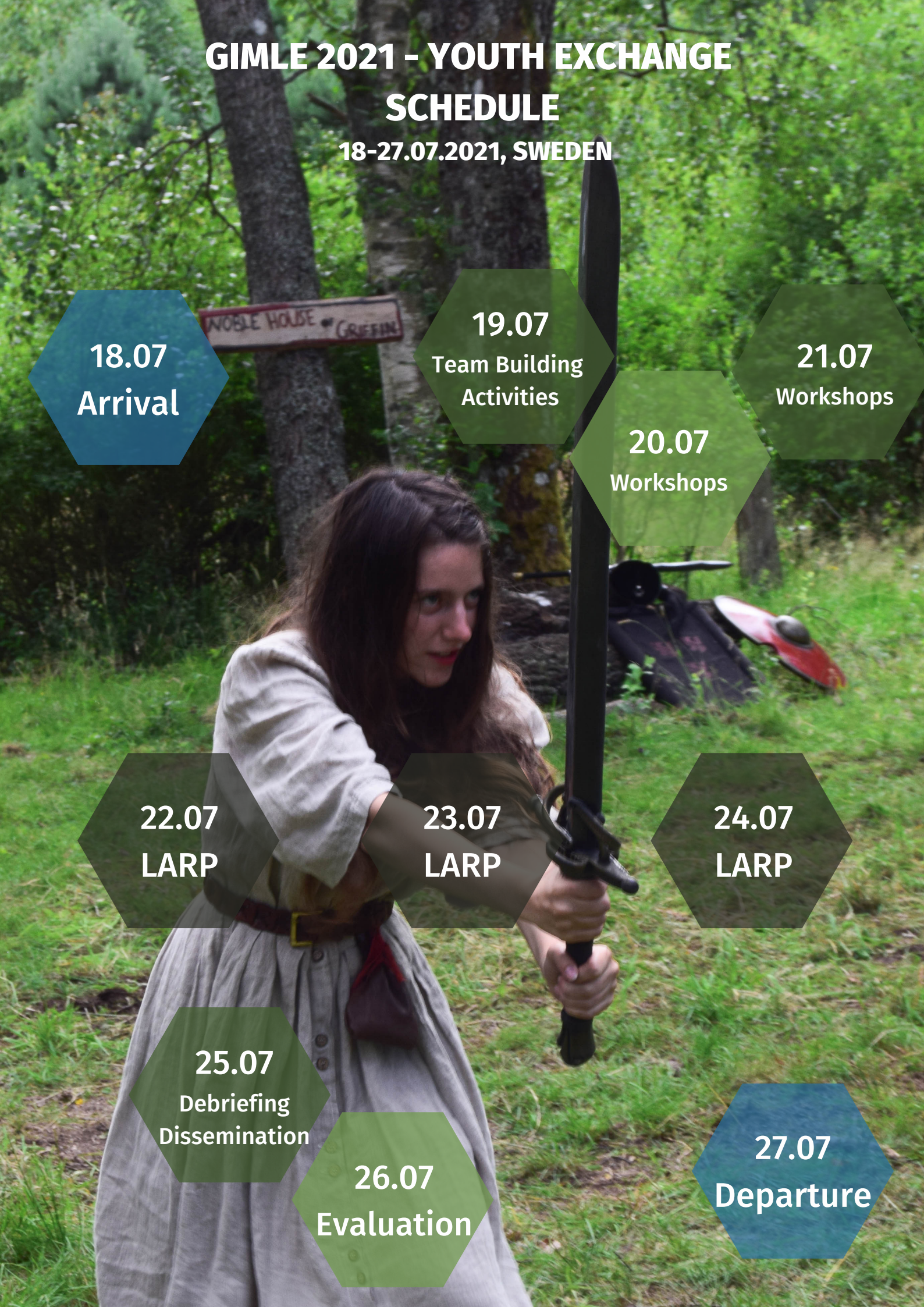
23.07
LARP

24.07
LARP

25.07
Debriefing
Dissemination

26.07
Evaluation

27.07
Departure



LOCATION AND STAY



The eco-farm on the west coast of Sweden sounds very nice - and it is! Take a better look at <http://hastekasen.se/hastekasen-farm-hfa/>

The farm has a camping-working atmosphere and no indoor house space to call your own. You have to bring everything you'll need aside from costumes, tents, toilet paper and food. Our hands will definitely get dirty and the rest of us sweaty because we will be doing different activities (maybe also such as building, helping prepare the LARP area, etc. it differs from year to year). In any case, do not be intimidated - everything can get done and if you don't know-how, you will learn, create a way yourself or get it done with a group - see this as a cool opportunity to learn new things because this exchange wholeheartedly supports learning, personal growth and contact with nature. We do not know yet if this year showering will be possible on the farm or at the nearby sea, so bring your bathing suits and a towel. Try to bring eco toiletries with you. Bring tick removing tweezers. We will sleep on the ground in several shared army tents so make sure you bring your sleeping bag and an arm flex mat to put under it so cold from the ground will not reach you. (If you have a problem bringing this - talk to the organizer).

Some warm clothes and a hat are advised as the possible moistness of certain areas can really amp up the feeling of coldness - and take my word that it is not fun to be awoken by shivering due to cold nights. Bring sturdy shoes that ideally don't visually attract eyes. There are dry toilets (you will survive I promise) on a few different points through the area. Bring any medication you need with you! Drinking water is accessible on an outside tap down by the red & only house, which is also the source of electricity. You won't be able to charge your phone every day during the 8 days, because the outside outlets are limited to share and we aren't allowed to enter the house - that will of course not be a problem because you will be surrounded by many interesting people and experiences! It goes to mention the farm has a strict no smoking and alcohol-free policy and has a vegetarian atmosphere.



SAFETY AND TRAVEL

Organisers will prepare the venue to handle corona situation by:

- Restricted kitchen
- Activities outside
- Prepared sick camp
- Procedures of cleaning, especially toilets
- Sleeping wider apart

contact us:
info@hastekasen.se

PRICE:

All costs are covered by the EU, which afterwards reimburses up to 275 Euros (360 for Greece) for the costs of travel (any excess of that amount you cover yourself).

But before you book any travels, wait for the **green** light from the organisers.

Travel so you arrive before 19th and departure after the 26th. Before or after the event, you can stop for a day in the second largest city of Sweden - Göteborg, albeit that might be harder in the post-corona time - talk to the group leader and organiser about reimbursement rules. Another option would be to go on a backpacking trip through Sweden (SW has an amazing law that says one can put up their tent anywhere but Parks, even on the private properties - the only rules being you should not disturb the owner, move the tent every day so you don't damage the floor too much and clean after yourself! It is completely free!) Yet that can always be done in the future years.

If you are already a chosen participant make sure to fill the questionnaire and join our FB group: GIMLE - interaktivt fantasy äventyr

